

To find out more about the services SWACA has to offer, or to download a referral form, please go to our website
www.swaca.com

**SEFTON WOMEN'S AND
CHILDREN'S AID**

Our Team is Available

Monday, Tuesday & Thursday
9.30am – 5.00pm
Wednesday
9.30am – 7.00pm
Friday
9.30am – 3.00pm



166 Knowsley Road
Bootle
Liverpool
L20 4NR



0151 922 8606



help@swaca.com



www.swaca.com

swaca

ADULT SERVICES

SWACA is committed to offering women, children, and young people of Sefton free practical and emotional support to survive the impact of domestic abuse.

Registered Charity No: 1066878
Company Registration No: 3448301



**FREE
CONFIDENTIAL
SUPPORT**

HOW WE DO IT

- We provide emotional support and a counselling service
- We help women develop their own personal plan to address their priority needs
- Caseworkers help women to identify their support networks
- Women are signposted when appropriate and Caseworkers liaise with other agencies
- Safety plans are developed and reviewed regularly
- We promote confidence, independence, self-esteem and empowerment
- Caseworkers support women to explore what options are available to them
- Support is offered around parenting issues
- Women are supported in understanding the civil and criminal court process
- Solicitor surgeries are available

HOW WE CAN HELP

SWACA is committed to providing free and confidential services to women. Our caseworkers provide a safe place for women to talk.

Our service's include advice, advocacy, structured programmes of work, parenting support, and therapeutic support.

We offer support to women on a 1 to 1 or in a group setting, either at our office or a local community venue.

Women can self-refer or be referred by agencies, family members or friends, providing that consent has been gained to make the referral.

SWACA has a refuge and can offer residential support families.

Service user safety is paramount to SWACA.