

Our Team is Available

Monday, Tuesday & Thursday

9.30am – 5.00pm

Wednesday

9.30am – 7.00pm

Friday

9.30am – 3.00pm



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Bootle

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www.swaca.com

swaca

CHILDREN AND YOUNG PEOPLE'S SERVICES

SWACA is committed to offering women, children, and young people of Sefton free practical and emotional support to survive the impact of domestic abuse.

To find out more about the services SWACA has to offer, or to download a referral form, please go to our website
www.swaca.com

SEFTON WOMEN'S AND CHILDREN'S AID

Registered Charity No: 1066878
Company Registration No: 3448301



**At SWACA we
value the voice
of young people
and children**

HOW WE DO IT

We support by helping young people and children...

- Establish safety/support networks
- Develop healthy coping strategies
- Make sense of their current situation i.e. current living arrangements, current agencies involved
- Make sense of their current or past situation
- Identify changes they would like to see happen
- Identify fears and worries
- Develop their own safety plan
- Explore relationships with family members, peers and important people in their lives
- Identify and develop their own support network
- Explore issues in relation to building confidence and self-worth
- Explore and understand their emotions

We also advocate on a child/young person's behalf in a variety of settings i.e. court, planning meetings etc.

HOW WE CAN HELP

SWACA Children's/Young Person's Workers provide a safe place to talk about worries and concerns, relating to experiences of Domestic Abuse.

These may include confusion, safety fears (for themselves and others), responsibility for the abuse, torn loyalties, separation, shame etc.

SWACA Children's/Young Person's Workers can be asked to be involved for example, by mums, dads, schools, GPs, and social workers.

Children/Young People are supported on a one-to-one basis or in a group setting. Sessions can be delivered in schools, children's centres or SWACA premises.