

To find out more about the services SWACA has to offer, or to download a referral form, please go to our website www.swaca.com

**SEFTON WOMEN'S AND
CHILDREN'S AID**

Our Team is Available

Monday, Tuesday & Thursday
9.30am – 5.00pm
Wednesday
9.30am – 7.00pm
Friday
9.30am – 3.00pm



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swaca

CHILD ON PARENT VIOLENCE AND ABUSE SERVICES

SWACA is committed to offering women, children, and young people of Sefton free practical and emotional support to survive the impact of domestic abuse.

Registered Charity No: 1066878
Company Registration No: 3448301



HOW WE DO IT

- Develop a safety plan with the parent.
- Promote confidence, self-esteem and empowerment in parents.
- Look at making positive family changes.
- Explore parent's experiences of abuse/violence.
- Explore and understand the child's emotions.
- Identify and develop a support network for both parent and child.
- Explore relationships with family member, peers and important people in their lives.
- Develop behaviour management plans.
- Discuss de-escalation techniques.
- Identify family strengths.
- Discuss changing negative thinking to positive thinking.
- Develop fair consequences.

HOW WE CAN HELP

SWACA's Child on Parent Violence/Abuse service provides a safe place to talk about worries and concerns relating to experiences of abuse or violence a parent is experiencing from their child.

This may include confusion, safety fears (for the child, parent, or other family members), responsibility for the abuse, shame etc.

SWACA's Child on Parent Violence/Abuse workers can be asked to be involved by parents, schools, GP's and social workers.

SWACA has an adult caseworker who will support parents on a one-to-one basis both over the phone or face to face. We also have a children's worker who will be able to carry out work with the child. These sessions can be carried out in schools, on SWACA premises or where the child/young person feels most comfortable.