

To find out more about the services SWACA has to offer, or to download a referral form, please go to our website www.swaca.com

Drop-In Services

Mon & Tues 9.30am – 1pm, Weds
1.30pm – 4pm
166 Knowsley Road,
Bootle, L20 4NR

Thurs 9.30am – 12pm
Linaker Children's Centre,
Sefton Street, Southport, PR8 5DB

**SEFTON WOMEN'S AND
CHILDREN'S AID**

Our Team is Available

Monday, Tuesday & Thursday
9.30am – 5.00pm
Wednesday
9.30am – 7.00pm
Friday
9.30am – 3.00pm



166 Knowsley Road
Bootle
Liverpool
L20 4NR



0151 922 8606



help@swaca.com



www.swaca.com

swaca

ADULT SERVICES

SWACA is committed to offering women, children, and young people of Sefton free practical and emotional support to survive the impact of domestic abuse.



**FREE
CONFIDENTIAL
SUPPORT**

HOW WE DO IT

- We provide emotional support and a counselling service
- We help women develop their own personal plan to address their priority needs
- Caseworkers help women to identify their support networks
- Women are signposted when appropriate and Caseworkers liaise with other agencies
- Safety plans are developed and reviewed regularly
- We promote confidence, independence, self-esteem and empowerment
- Caseworkers support women to explore what options are available to them
- Support is offered around parenting issues
- Women are supported in understanding the civil and criminal court process
- Solicitor surgeries are available

HOW WE CAN HELP

SWACA is committed to providing free and confidential services to women. Our caseworkers provide a safe place for women to talk.

Our service's include advice, advocacy, structured programmes of work, parenting support, and therapeutic support.

We offer support to women on a 1 to 1 or in a group setting, either at our office or a local community venue.

Women can self-refer or be referred by agencies, family members or friends, providing that consent has been gained to make the referral.

SWACA has a refuge and can offer residential support families.

Service user safety is paramount to SWACA.