

LOCKED IN OR OUT, FUNDRAISE FOR
SEFTON WOMEN'S AND CHILDREN'S AID
IN JANUARY

swaca

JANUARY CHALLENGE

WHAT WILL YOU GET SPONSORED FOR?



RUN/SKIP/ROLLERSKATE 5K

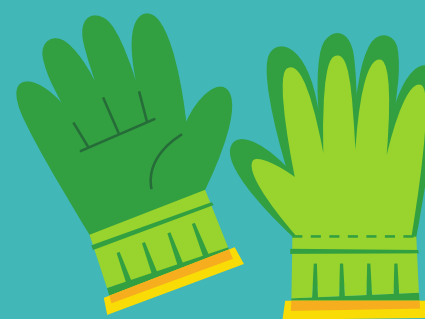


BAKE-OFF



THEMED DINNER PARTY

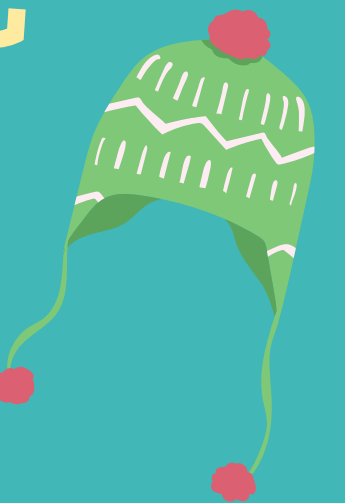
HULA HOOP MARATHON



GARDENING



KNIT/EMBROIDER/CROCHET



DRY JANUARY

DOG WALKING



DECORATING



BE CREATIVE AND CHOOSE YOUR
CHALLENGE TODAY!



FUNDRAISING PACKS AVAILABLE TO DOWNLOAD AT SWACA.COM

SUPPORT LOCAL WOMEN & CHILDREN
AFFECTED BY DOMESTIC ABUSE